

## 0. Life Form Instructions

- ① Look back on experience of practical Japanese language teaching you had so far and write them down in the form. Set the time along the vertical axis. Set the horizontal axis in order to range your experiences of practical Japanese language teaching easily.  
Example : Education institution (University or college, Japanese language school, Private lesson) , learner's level (Advanced, Intermediate, Beginner)
- ② Recall experiences where you practiced Japanese language teaching.
- ③ Write down things stuck with you in one or two sentences. Create a time line of experiences that you recalled in step ① by placing them along the vertical axis according to when they occurred. As this is only to recall these experiences, you do not need to write them down in detail.
- ④ After writing them out briefly, choose one of them that you would like to re-examine and mark it. You may also choose multiple related experiences.
- ⑤ Your chosen experience becomes your TAE Theme. Describing your theme in a short sentence or phrase, write in the Theme Field. You can change the wording of your theme later.
- ⑥ After deciding on your theme, return to the top page of the website and follow the link "Choosing your Course" to choose your course.