

### 3. Grasp Form (Assumed My Sentence Form) Instructions

- ① Write down your theme. You can change words of words of theme later.
- ② Look at the whole of 1. Surfacing Form or 2. Actual Case Form (it differs according to the course). Feel newly the experience that you set as your theme if you have not completed both forms. Keep feeling the seen written down with attitude for capturing the whole without expressing into words. Identify the feeling or sensation as the sensation with pointing your internal sense. By doing so, you can define the feeling. The feeling is a meaningful feeling/sensation, so we call it Felt Sense.
- ③ Ask yourself how you can express the felt sense. Write down the things coming up in your mind with a feeling of scooping something floating in short words. These words can express more clearly if they are adjective, adjective verb, imitative words, or onomatopoeic words. You can write down noun, verb, or adverb as well. It is preferable to use expressions that compare them to something. This process aims at harking up / reviewing, and it is not necessary to make complete sentence. You do not need to write them so that others can understand. It is more important to feel deeply rather than writing many things down.
- ④ You can extract infinite amount of words from felt sense. But after writing down enough amount of words, you can finish this process by putting 「,,」 to the end of the word. These dots mean you cannot write down anymore. You can leave some margin in the frame of form. The feeling that you are not sure is available to treat by paying attention to the parts you know well and feeling them. You cannot treat things you totally do not know. Underline two or three words/phrases you think significant.
- ⑤ Express the felt sense you are feeling in a single sentence by using one word or all words you underlined. Fill out the blank, (This feeling is 【                     】), of the form (The sentence you are about to write is called Assumed My Sentence). Expression you will be making in this process is tentative, and you will fix it later. It is preferable if you can make the sentence that expresses felt sense somewhat. By making the Assumed My Sentence, it is easier to memorize the felt sense.
- ⑥ Choose two words that you want to focus the most from expressions you wrote down in blanks, and underline them. You can choose the words that describe the feeling clearly or you feel like to replace.

\*In this site, felt sense indicates the felt sense of practical experience of Japanese language teaching considered as the theme.